



GYHC's Vision & Mission

Vision: Simplify and Demystify Life Management to eradicate disease!

Mission:

- Create Friends of Yoga (Yoga-Mitra) for harmony, health and happiness
- Serve the community with authentic Yoga and holistic services at affordable tuition.
- Create a Livelihood for an authentic Yoga/holistic practitioner

Why License with GYHC?

Why not take advantage of the diversity in GYHC's experience and allow GYHC to help you enjoy a rewarding livelihood?

GYHC can help you come up with a flexible program that will suit your needs.

GYHC can also provide support in starting your operations and developing unique holistic programs

Founders of GYHC have been creating classes, programs, seminars and workshops

since 1991. Why not benefit from this work and focus energy elsewhere?

How Can GYHC Serve You?

Founders of GYHC have built a strong community since 1991 and have a US-wide and global network of supporters

GYHC has a corporate alliance and friendship program whose participants already have a relationship with and will recognize a GYHC

You have already studied, learned, and trained with GYHC, why not spread what you have learned by opening a GYHC?

This is a great opportunity to be a leader and open a GYHC

Access to 25+ years of wisdom, intellectual property, programs and services from day-1.

Get support from a global team of GYHC Teachers, therapists, and the community

What is GYHC Licensing? Yes, You Can...

GYHC licensing allows you to create a livelihood in one of the most respected and rewarding therapeutic professions.

Enjoy a fun and rewarding life while healing a community.

Use your creativity and passion by being supported by GYHC and its founders who have successfully healed communities globally for 25+ years.

How Can You Start Your Own GYHC?

- GYHC TTP 200 Level Graduate
- 18 Years and Above
- Passion and Entrepreneurial spirit
- Compassion for the community

Testimonial: *As the first licensee of GYHC in Bridgewater, NJ my experience has been exciting and fulfilling! Being a new business owner can be overwhelming, but Manju and Prashant took care to make sure I was all set with what I needed to proceed with success. I have been able to reach out into the community and provide healing "Friends of Yoga" programs that would have otherwise been a challenge to start on my own. **Lori Arrechea, NJ***





Founders/ Faculty

Manju Joshi, M.A. (Sanskrit and Yoga), Diploma in Fitness & Nutrition, E-RYT 500, MCO-Osteo, HHC is a Co-founder, CEO and Research Director of Gurukul, LLC.

Prashant Joshi M.A., M.Phil, E-RYT 500 is a computer scientist and an electrical engineer and has been an IT industry leader for the past 25+ years. He has introduced Yoga principles in the academic and corporate world as at all levels of management.

Both Prashant and Manju Joshi have been ardent students of Yoga since 1984 and teachers since 1991 with formal Yoga training from renowned institutions (Vivekananda Kendra, Kaivalyadham) and teachers (Dr. Rao, Ph.D. founder of Lotus wellness center; Padmashree Sadashiv Nimbalkar-ji, founder of Yoga Vidya Niketan) in India and the US. Their long-standing commitment to Yoga is demonstrated by their writings, workshops, classes and through the Therapeutic Yoga Teacher Training Program.

Gurukul, LLC was founded in year 2000, and GYHC@Bridgewater, NJ (2006) and recently GYHC@Austin, TX (2013) are a result of an organic growth of Gurukul, LLC. GYHC has served thousands since 2006 all over the globe with positive reviews.

Billions Yet To Be Served...



Gurukul



Holistic Center (GYHC)

A Science of Living Institution

GYHC Licensing

Enjoy the Benefits of becoming a Licensee to Serve, Lead, Succeed the Yogic way

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